

Resource Guide

Health & Human Services in and around the Snoqualmie Valley



CarePoint Clinic

36017 SE Fish Hatchery Road

Fall City, WA 98024

(425) 478-6627

In addition to the resources in this book, please visit
A Supportive Community for All
a new nonprofit organization dedicated to supporting a
growing coalition in the Snoqualmie Valley that works
together to ensure that all community members have
access to the resources they need to thrive.
www.asupportivecommunityforall.org

For any additions, updates, or changes to this
Resource Guide, please send to carepointonline@gmail.com.

November 2021

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Note: Organizations with this symbol (♦) indicate that they offer volunteer opportunities.

Addiction Services

Alcoholics Anonymous (24 hrs)	206-587-2838	www.seattleaa.org	◆
Asian Counseling and Referral Service	206-695-7600 In inclement weather, call 206-774-2417 for hours. TTY: 800-833-6384 (WA Relay)	acrs.org	◆
Catholic Community Services	206-328-5696	www.ccsww.org	◆
Celebrate Recovery	See website to contact local rep, find a group, etc.	www.celebraterecovery.com	
Friends of Youth	Main: 425-869-6490 Duvall - 425-844-9669 Issaquah - 425-392-6367 Snoqualmie - 425-888-4151 info@friendsofyouth.org	www.friendsofyouth.org	◆
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆
HealthPoint	To schedule an appointment Interpretation services available. 866-893-5717	www.healthpointchc.org	◆
National Institute on Alcohol Abuse and Alcoholism - Find Alcohol Treatment	General Inquiries: niaaaweb-r@exchange.nih.gov	alcoholtreatment.niaaa.nih.gov	
Neighborcare Health	Appointments: 206-548-5710 info@neighborcare.org	neighborcare.org/services/mental-health-and-social-work	◆
Snoqualmie Behavioral Health Services (Snoqualmie Indian Tribe)	425-831-5425	snoqualmietribe.us/health-wellness	
Restart Life (Internet Addiction Recovery Program)	800-682-6934 only@restartlife.com	netaddictionrecovery.com	
Sound	206-901-2000	www.sound.health	
Snoqualmie Behavioral Health Services (Snoqualmie Indian Tribe)	425-831-5425	snoqualmietribe.us/health-wellness	
Therapeutic Health Services, Eastside	425-747-7892	www.ths-wa.org	
Washington Recovery Help Line	866-789-1511	www.warecoveryhelpline.org	
Washington State Healthcare Authority (Apple Health/Medicaid)	866-789-1511	www.hca.wa.gov/health-care-services-supports/behavioral-health-recovery/substance-use-treatment	

Counseling and Mental Health

Asian Counseling and Referral Service	206-695-7600 In inclement weather, call 206-774-2417 for hours. TTY: 800-833-6384 (WA Relay)	acrs.org	◆
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Cancer Lifeline	206-297-2100 info@cancerlifeline.org	www.cancerlifeline.org	◆
Catholic Community Services	206-328-5696	www.ccsww.org	◆
Encompass NW	425-888-3347	www.encompassnw.org	◆
Fairfax Hospital, Behavioral Health 24/7	425-821-2000	www.fairfaxhospital.com	
Foundational Community Supports	206-799-9882 FCSinfoKC@ccsww.org	ccsww.org/get-help/specialized-services/foundational-community-supports	◆
Friends of Youth	Main: 425-869-6490 Duvall - 425-844-9669 Issaquah - 425-392-6367 Snoqualmie - 425-888-4151 info@friendsofyouth.org	www.friendsofyouth.org	◆
Griefshare Support Group	800-395-5755 info@griefshare.org	www.griefshare.org	
Harborview Center for Sexual Assault & Traumatic Stress	206-744-1600	depts.washington.edu/uwhatc	
HealthPoint	To schedule an appointment Interpretation services available. 866-893-5717	www.healthpointchc.org	
International Community Health Services (ICHS)	206-788-3700	www.ichs.com/services/behavioral-health	
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆
King County Behavioral Health and Recovery Division	Client Services: 206-263-8997 or 800-790-8049	kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/mental-health.aspx	
Lahai Health	206-363-4105 info@lahai.org	lahai.org	◆
National Alliance on Mental Illness (NAMI) Eastside	425-885-6264	nami-eastside.org	◆
Neighborcare Health	Appointments: 206-548-5710 info@neighborcare.org	neighborcare.org/services/mental-health-and-social-work	◆
Problem Gambling	800-547-6133	www.evergreencpg.org	◆
Project Rachel	Angie, in English: 206-920-6413 Alejandra, en Español: 206-450-7814 projectrachel@ccsww.org	ccsww.org/get-help/specialized-services/project-rachel	◆
Snoqualmie Behavioral Health Services (Snoqualmie Indian Tribe)	425-831-5425	snoqualmietribe.us/health-wellness	
Sound	206-901-2000	www.sound.health	

Sea Mar Community Health Centers - Bellevue Behavioral Health Clinic	425-460-7114	www.seamar.org/king-bh-bellevue.html	
Sea Mar Community Health Centers - Bellevue Behavioral Child & Family Services	425-460-7125	www.seamar.org/king-bh-bellevue-family.html	
Therapeutic Health Services, Eastside	425-747-7892	www.ths-wa.org	
WA Warm Line	877-500-9276	www.crisisconnections.org/wa-warm-line	◆
Washington Recovery Help Line	866-789-1511	www.warecoveryhelpline.org	
Wellspring	206-826-3050 info@wellspringfs.org	wellspringfs.org	◆

Cultural Community

Asian Counseling and Referral Service	206-695-7600 In inclement weather, call 206-774-2417 for hours. TTY: 800-833-6384 (WA Relay)	acrs.org	◆
Eastside Literacy (Hopelink ESL services)	425-333-4417	www.eastsideliteracy.org/tutorsupport/index.htm	◆
El Centro de la Raza	206-957-4603 greghill@elcentrodelaraza.org	www.elcentrodelaraza.org	◆
Indian-American Community Services (IACS)	253-234-9989 webadmin@iaww.org	www.iaww.org	
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆
Lambert House	206-322-2515 programs@lamberthouse.org	www.lamberthouse.org	◆
Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mrcr	
Muslim Association of Puget Sound (MAPS) - Eastside Cultural Navigator Program	Chor Phen Ng: 425-289-8607 phenn@cisc-seattle.org	mapsredmond.org/eastside-cultural-navigator-program	
Refugee Women's Alliance	206-721-0243	www.rewa.org	◆
Snoqualmie Tribe	425-888-6551	snoqualmietribe.us	
WA State Migrant Education Program (MEP)	Sylvia Reyna 360-725-4474 sylvia.reyna@k12.wa.us	www.k12.wa.us/student-success/access-opportunity-education/migrant-and-bilingual-education/migrant-education-program	
	Lupe Ledesma 360-725-4464 lupe.ledesma@k12.wa.us		

Dental

CarePoint Clinic	425-478-6627	carepointonline.org	◆
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Community Health Access Program (CHAP)	800-756-5437 chap@kingcounty.gov	kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx
DentistLink	844-888-5465	dentistlink.org
HealthPoint	To schedule an appointment Interpretation services available. 866-893-5717	www.healthpointchc.org ♦
International Community Health Services (ICHS)	206-788-3700	www.ichs.com/services/dental-care
Lahai Health	206-363-4105 info@lahai.org	lahai.org ♦
Lake Washington Technical College - Dental	425-739-8130 Dental.Clinic@lwtech.edu	www.lwtech.edu/campus-life/dental-clinic
Medical Teams International Dental Clinics	See website for individual clinic contact information	www.medicalteams.org/how-we-heal/mobile-dental-program/emergency-dental-clinics ♦
Neighborcare Health	206-548-5850	neighborcare.org/service/s/dental ♦
SeaMar	Bellevue Dental Clinic: 425-998-5980	www.seamar.org
Seattle/King County Clinic	206.684.7200 SKCClinic@seattlecenter.org	seattlecenter.org/patients ♦
Seattle King County Dental Society Reduced Cost Dental Care	206-443-7607	www.skcds.org/for-our-community/reduced-cost-clinics
Seattle King County Dental Society Access to Baby and Child Dentistry (ABCD)	800-756-5437 chap@kingcounty.gov	kingcounty.gov/depts/health/child-teen-health/ABCD.aspx
Sno-Valley Senior Center (Health Services)	425-333-4152 svsc@soundgenerations.org	snovalleysenior.org/services/health-services ♦
UW School of Dentistry - Teaching and Specialty Clinics	To make an appointment: 206.616.6996	www.dental.washington.edu
UW School of Dentistry Urgent Care Clinic	206-543-5850	dental.uw.edu/dental-urgent-care-clinic

Disability

Alliance of People with Disabilities	425-998-5839	disabilitypride.org/wordpress ♦
ARC of King County	206-364-6337	arcofkingcounty.org ♦
Bridge of Promise	425-549-0500 jodi@bridgeofpromise.org	bridgeofpromise.org/about-us ♦
Catholic Community Services	206-328-5696	www.ccsww.org ♦
Dept of Services for the Blind	206-906-5500	www.dsb.wa.gov

Encompass (birth to 3 yrs) - PT is available for older kids	425-888-2777	www.encompassnw.org	◆
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆
Learning Disabilities Association of Washington	425-882-0820 nsobich@ldawa.org	www.ldawa.org	◆
National Alliance on Mental Illness (NAMI) Eastside	425-885-6264	nami-eastside.org	◆
Sound Generations	206-448-5757 info@soundgenerations.org	soundgenerations.org	◆
Supplemental Social Security Income (SSI)	800-772-1213	www.ssa.gov/ssi	
Washington Partnership for Action Voices for Empowerment (PAVE) education advocacy and healthcare resources	253-565-2266 1-800-5-PARENT pave@wapave.org	wapave.org	

Education

Alpine Co-Op Preschool	Email and FaceBook Messaging are best way to contact them. alpinecooppreschool@outlook.com	alpinecooppreschool.wordpress.com	
Calendar - Parent & Community Education Events	425-333-6614	www.calendarwiz.com/calendars/calendar.php?cid=svparenteducationevents&cid[]=all&jsenabled=1&winh=577&winw=1280&inifr=false	
Childcare Resources	206-329-1011 877-543-0059 ccr@childcare.org	www.childcare.org	◆
Eastside Literacy (Hopelink ESL services)	425-333-4417	www.eastsideliteracy.org/tutorsupport/index.htm	◆
Encompass NW (Preschool, ECEAP, pediatric therapy, infant/toddler, parent education)	425-888-3347	www.encompassnw.org	◆
Office of Education Ombudsman	866-297-2597	www.oeo.wa.gov	
Oxbow Farm & Conservation Center	425-788-1134	www.oxbow.org	◆
Puget Sound Educational Service District	425-917-7600	www.psesd.org	
Riverview School District	425-844-4500	rsd407.org	
Riverview School District Student Services	425-844-4516	www.rsd407.org/student-services	
Snoqualmie Tribe	425-888-6551	snoqualmietribe.us	
Snoqualmie Valley School District	425-831-8000	www.svsd410.org	

Snoqualmie Valley School District Student Services	425-831-8000 studentservices@svsd410.org	www.svsd410.org/domain/36
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Employment and Vocational Services

Anew	206-381-1384	anewaop.org	
Asian Counseling and Referral Service	(206) 695-7600 In inclement weather, call (206) 774-2417 for hours. TTY: (800) 833-6384 (WA Relay)	acrs.org	◆
Bellevue College Workforce Education	425-564-4054	www.bellevuecollege.edu/we	
Bellevue College Center for Career Connections & the Women's Center	425-564-2279 careers@bellevuecollege.edu	www.bellevuecollege.edu/careers	
Dept of Services for the Blind	206-906-5500	www.dsb.wa.gov	
Empower Youth Network	425-333-6614 admin@empoweryouthnetwork.org	empoweryouthnetwork.org	
Foundational Community Supports	206-799-9882 FCSinfoKC@ccsww.org	ccsww.org/get-help/specialized-services/foundational-community-supports	◆
Hopelink Sno-Valley Food Bank and Emergency Services	425-333-4163	www.hopelink.org	◆
King County School-to-Work - Developmental Disabilities and Early Childhood Supports Division	See website for more information	kingcounty.gov/depts/community-human-services/developmental-disabilities/services/school-to-work.aspx	
Snoqualmie Valley Jobs	See website for online form	snovalleyjobs.com	
Sound	206-901-2000	www.sound.health	
Work Source, Redmond	425-861-3700	www.worksourceskc.org/redmond	
YWCA	425-556-1352	www.ywcaworks.org/economic-advancement	◆

Financial Assistance

American Red Cross (fire, flood, disaster)	206-323-2345	www.redcross.org	◆
CCS Emergency Assistance	425-213-1963 x2	ccsww.org/get-help/shelter-homeless-services/emergency-assistance	◆
Helping Hands Ministry	425-888-0096	helpsnovalley.org	
Hopelink Sno-Valley Food Bank and Emergency Services	425-333-4163	www.hopelink.org	◆
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆

Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc	
National Foundation for Credit Counseling (NFCC)	800-388-2227	www.nfcc.org	
Salvation Army	425-452-7300	bellevue.salvationarmy.org	◆
US Social Security Administration	800-772-1213	www.ssa.gov/coronavirus/eahr	
Washington State Department of Social and Health Services (DSHS)	877-501-2233	www.dshs.wa.gov	
Washington State Veterans Employment Resource Page	benefits@dva.wa.gov	www.dva.wa.gov/veterans-their-families/veterans-benefits/employment	

Food and Clothing

Catholic Community Services	206-328-5696	www.ccsww.org	◆
Community Health Access Program (CHAP)	800-756-5437 chap@kingcounty.gov	kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx	
Duvall Food Forest	949-940-6409 info@theduvallfoodforest.org	www.theduvallfoodforest.org	◆
Eastside Baby Corner	425-865-0234 ebc@babycorner.com	babycorner.org/how-we-help	◆
Fall City Food Pantry	425-269-8098	www.fallcityfoodpantry.org	◆
Helping Hands Ministry	425-888-0096	helpsnovalley.org	
Holy Innocents Food Pantry	425-788-1400 pantry@holynn.org	www.holynn.org/85	◆
Hopelink Sno-Valley Food Bank and Emergency Services	425-333-4163	www.hopelink.org	◆
Issaquah Food & Clothing Bank	425-392-4123	www.issaquahfoodbank.org	◆
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆
Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc	
Raging River Community Church Food Bank	425-222-5573	ragingrivercommunitychurch.org/ministry/foodbank	
Salvation Army	425-452-7300	bellevue.salvationarmy.org	◆
Snoqualmie Valley Food Bank	425 888-SVFB (7832) manager@snoqualmievalleyfoodbank.org	www.snoqualmievalleyfoodbank.org	◆

Snoqualmie Tribe	425-888-6551	snoqualmietribe.us	
Snoqualmie Valley Shelter Services	425-773-2874 info@svshelterservices.org	www.svshelterservices.org	◆
Sound Generations	206-448-5757 info@soundgenerations.org	soundgenerations.org	◆
Tolt Congregational United Church	425-333-4254 tolt@toltucc.org	www.toltucc.org/community-connections	
Washington State Department of Social and Health Services (DSHS)	877-501-2233	www.dshs.wa.gov	
Wellspring	(206)-826-3050 info@wellspringfs.org	wellspringfs.org	◆
Women, Infants, and Children (WIC)	800-322-2588 Text "WIC" to 96859	www.doh.wa.gov/YouandYourFamily/WIC	

Housing and Shelter

Acres of Diamonds	425-788-9999 info@acresofdiamonds.org	www.acresofdiamonds.org	◆
ARCH, Homebuyers Assistance	425-861-3676 info@archhousing.org	www.archhousing.org/homebuyers/other-homebuyer-resources.html	
Catholic Community Services and Catholic Housing Services of Western Washington	206-328-5696	www.ccsww.org	◆
Catholic Community Services - Bellevue	206-328-5900	kingcounty.gov/depts/community-human-services/housing/services/homeless-housing/coordinated-entry/access-points.aspx	◆
Community Info Line	800-621-4636		
Foundational Community Supports	206-799-9882 FCSinfoKC@ccsww.org	ccsww.org/get-help/specialized-services/foundational-community-supports	◆
Friends of Youth	Main: 425-869-6490 Duvall - 425-844-9669 Issaquah - 425-392-6367 Snoqualmie - 425-888-4151 info@friendsofyouth.org	www.friendsofyouth.org	◆
Habitat for Humanity Seattle-King County	206-453-2950	www.habitatskc.org	◆
Hopelink Sno-Valley Food Bank and Emergency Services	425-333-4163	www.hopelink.org	◆
Housing Justice Project	206-267-7069 For urgent issues, call 2-1-1 hjpestaff@kcba.org	www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project	◆

Housing and Essential Needs (HEN) – King County	206-328-5755 henkc@ccsww.org	ccsww.org/get-help/shelter-homeless-services/housing-and-essential-needs-hen/#Program%20Provides	◆
King County Housing Authority	206-574-1100	www.kcha.org	
King County Information & Referral	211	www.crisisconnections.org/king-county-2-1-1	
King County Repair/Weatherization	206-574-1100	www.kcha.org/wr	
Mamma's Hands	206-915-2073 info@mammashands.org	mammashands.org/house-of-hope	◆
Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc	
Snoqualmie Valley Shelter Services	425-773-2874 info@svshelterservices.org	www.svshelterservices.org	◆
Solid Ground	206.694.6700 info@solid-ground.org	www.solid-ground.org	◆
Sound Generations	206-448-5757 info@soundgenerations.org	soundgenerations.org	◆
Tenant's Union	206-723-0500	tenantsunion.org	
Washington State Department of Social and Health Services (DSHS)	877-501-2233	www.dshs.wa.gov	
Wellspring	206-826-3050 info@wellspringfs.org	wellspringfs.org	◆
YWCA	206-461-4888	www.ywcaworks.org/housing	◆
YWCA/King County Housing Stability Project	211	www.ywcaworks.org/programs/housing-stability-project-king-county	◆

Immigrant and Refugee Services

Asian Counseling and Referral Service	206-695-7600 In inclement weather, call 206-774-2417 for hours. TTY: 800-833-6384 (WA Relay)	acrs.org	◆
Catholic Immigration Legal Services	Phone: 206-328-6314 DACA Hotline: 206-566-6664	ccsww.org/get-help/specialized-services/refugee-immigration-services	◆
CISC	Main office: 206 624 5633 info@cisc-seattle.org Bellevue: 425-698-1113 Redmond: Russian language: 425-502-0883 Chinese language: 206-816-4991	cisc-seattle.org	◆
Jewish Family Services	425-643-2221	www.jfsseattle.org	◆

Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc	
Northwest Immigrant Rights Project	206-587-4009 800-445-5771	www.nwirp.org	◆
Refugee Women's Alliance	206-721-0243	www.rewa.org	◆

Legal Services

ACLU of Washington	ACLU Intake and Referral Line at 206-624-2180, from 10:00am — 1:00pm from Tues-Thurs	www.aclu-wa.org	◆
Catholic Immigration Legal Services	Phone: 206-328-6314 DACA Hotline: 206-566-6664	ccsww.org/get-help/specialized-services/refugee-immigration-services	◆
Columbia Legal Services	CLEAR Hotline: 888-201-1014 CLEAR*Sr (60+): 888-387-7111 King County Residents: 211 Office: 206-464-5911 800-542-0794 (Toll Free)	columbialegal.org	◆
CCS Tenant Law Center	206-324-6890 TenantLawCenter@ccsww.org	ccsww.org/get-help/specialized-services/tenant-law-center	◆
Eastside Legal Assistance Program	English: 425-747-7274 Español: 425-620-2778 info@elap.org	www.elap.org	◆
Housing Justice Project	206-267-7069 For urgent issues, call 2-1-1 hjpestaff@kcba.org	www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project	◆
King County Civil Rights Program	206-263-2446 TTY Relay 711	kingcounty.gov/elected/executive/equity-social-justice/civil-rights.aspx	
Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc	
Northwest Immigrant Rights Project	206-587-4009 800-445-5771	www.nwirp.org	◆
Sound Generations	206-448-5757 info@soundgenerations.org	soundgenerations.org	◆
Washington Law Help		www.washingtonlawhelp.org	
Washington State Human Rights Commission	800-233-3247	www.hum.wa.gov	

Libraries

King County Library System	425-462-9600	kcls.org	
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King County Library System - Carnation	425-333-4398	kcls.org/locations/1496
King County Library System - Duvall	425-788-1173	kcls.org/locations/1503
King County Library System - Fall City	425-222-5951	kcls.org/locations/1506
King County Library System - Issaquah	425-392-5430	kcls.org/locations/1513/
King County Library System - North Bend	425-888-0554	kcls.org/locations/1528
King County Library System - Snoqualmie	425-888-1223	kcls.org/locations/1537

Medical

American Diabetes Association	800-DIABETES (800-342-2383) Washington office: 206-282-4616 ADAWA@diabetes.org	www.diabetes.org	◆
Care Net Pregnancy & Family Services	425-837-3643	carenetps.org	◆
Cancer Lifeline	206-297-2100 info@cancerlifeline.org	cancerlifeline.org	◆
CarePoint Clinic	425-478-6627	carepointonline.org	◆
Community Health Access Program (CHAP)	800-756-5437 chap@kingcounty.gov	kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx	
Eastgate Public Health Center	800-244-4512	kingcounty.gov/depts/health/locations/eastgate.aspx	
Evergreen Hospital	General questions: 425-899-1000 Healthline: 425-899-3000	www.evergreenhealthcare.org	
EvergreenHealth - Primary Care	425-788-4889	www.evergreenhealth.com/primary-care-duvall	
HealthPoint	To schedule an appointment Interpretation services available. 866-893-5717	www.healthpointchc.org	◆
HIV/AIDS Hotlines	National AIDS Hotline: 800-342-2437 HIV/AIDS Hotline in Washington: 800-272-2437		
International Community Health Services (ICHS)	206-788-3700	www.ichs.com/services/primary-care	
Lahai Health	206-363-4105 info@lahai.org	lahai.org	◆
Meadowbrook Clinic & Urgent Care	425-831-0777	meadowbrookurgentcare.com/4501.html	

Neighborcare Health	Appointments: 206-548-5710 info@neighborcare.org	neighborcare.org/service/s/medical ♦
Overlake Clinics & Urgent Care	See website for locations	www.overlakehospital.org/locations
Overlake Hospital	425-888-5000	www.overlakehospital.org
Planned Parenthood (Eastside-Bellevue Health Center)	800-769-0045	www.plannedparenthood.org/health-center/washington/bellevue/98007/eastside-bellevue-health-center-4151-91810 ♦
Prescription Assistance - Washington State Health Care Authority	Enroll online or call: 800-913-4146 Questions: 800-913-4311	www.hca.wa.gov/health-care-services-supports/prescription-assistance/alternate-help-prescriptions
Providence Marionwood Nursing Facility	425-391-2800	www.providence.org/locations/wa/marianwood ♦
Sea Mar Community Health Centers - Bellevue Medical Clinic	425-460-7140	www.seamar.org/king-medical-bellevue.html
Sea Mar Community Health Centers - Monroe Medical Clinic	360.282.3885	www.seamar.org/snohomish-medical-monroe.html
Sno-Valley Senior Center (Health Services)	425-333-4152 svsc@soundgenerations.org	snovalleyseior.org/services/health-services
Snoqualmie Tribe	425-888-6551	snoqualmietribe.us
Snoqualmie Ridge Medical Clinic	425-396-7682	snoqualmiehospital.org/clinics/snoqualmie-ridge-medical-clinic
Snoqualmie Valley Hospital	425-831-2300	snoqualmiehospital.org
Snoqualmie Valley Hospital Clinic – Primary Care	425-831-2313	snoqualmiehospital.org/clinics/primary-care-clinic-at-snoqualmie-valley-hospital
Snoqualmie Hospital Rehabilitation Clinic	425-831-2376	snoqualmiehospital.org/clinics/outpatient-therapy
Snoqualmie Valley Clinic	425-888-2299	snovalleyclinic.com
Sound	206-901-2000	www.sound.health
Swedish Primary Care - Snoqualmie	425-888-2016	www.swedish.org/snoqualmieclinic
Teen Clinic	206-477-8000	kingcounty.gov/depts/health/locations/teen-clinics.aspx
Veteran Health Care	877-222-8387	www.va.gov/health
Washington State Department of Social and Health Services (DSHS)	877-501-2233	www.dshs.wa.gov

Washington State Health Plan Finder	Customer Support: 855-923-4633 Questions about Apple Health: 800-562-3022	www.wahealthplanfinder.org
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Pet Services

Seattle Animal Shelter	206-386-7387 SASpetfoodbank@gmail.com	www.seattle.gov/animal-shelter/resources/pet-food-bank ◆
Seattle Humane	425-649-7566 or 425-649-7565 outreach@seattlehumane.org	www.seattlehumane.org/pet-food-bank ◆
Snoqualmie Valley Food Bank	425-888-7832	www.snoqualmievalleyfoodbank.org ◆
Snoqualmie Valley Pet Food Bank	Sign up and info on website	www.svpetfoodbank.org ◆
Valley Animal Partners	valleyanimalpartners@gmail.com	valleyanimalpartners.com ◆

Senior Services

Adult Protective Services	To report abuse: 866-END HARM (866-363-4276) or to APS Central Intake: 877-734-6277 apscentralintake@dshs.wa.gov TTY: 833-866-5595	www.dshs.wa.gov/altsa/adult-protective-services-aps
Aging and Disability Services for Seattle and King County	844-348-5464 206-684-0660 TTY: 206-684-0702 aginginfo@seattle.gov	www.agingkingcounty.org
Assisted Living in Washington		www.assistedliving.org/washington
Catholic Community Services	206-328-5696	www.ccsww.org ◆
Disaster Preparedness for Seniors & Caregivers		www.seniorliving.org/research/disaster-preparedness
Eastside Friends of Seniors	425-369-9120	eastsidefriendsofseniors.org ◆
Eldercare Locator	800-677-1116 eldercarelocator@n4a.org	eldercare.acl.gov/Public/index.aspx
Encompass Kinship Care Support	Family Resource Coordinator Laura Lewis: 425.888.3347 laura.lewis@encompassnw.org	www.encompassnw.org/program/family-enrichment/kinship ◆
Jewish Family Services	425-643-2221	www.jfsseattle.org ◆
Meals on Wheels	206-448-5767 or 888-308-6325 mealsonwheels@soundgenerations.org	soundgenerations.org/our-programs/food-security/meals-on-wheels ◆
Mt. Si Senior Center	425-888-3434	www.mtsiseniorcenter.org ◆

Muslim Association of Puget Sound (MAPS) - Muslim Community Resource Center	888-404-6272	www.mapsredmond.org/mcrc
National Council on Aging Benefits CheckUp	800-794-6559	www.benefitscheckup.org
Old Friends Club	425-681-9776 welcome@oldfriendsclub.org	www.oldfriendsclub.org ♦
SHIBA (Statewide Health Insurance Advisors)	800-562-6900	www.insurance.wa.gov/statewide-health-insurance-benefits-advisors-shiba
Sno-Valley Senior Center	425-333-4152 svsc@soundgenerations.org	snovalleyseior.org ♦
Sound Generations	206-448-5757 info@soundgenerations.org	soundgenerations.org ♦
Sound Generations Caregiver Support	888-435-3377	soundgenerations.org/our-programs/caregiver-support ♦
Washington State Long-Term Care Ombudsman Program (Info & Complaint line for people in LTC facilities)	800-562-6028	www.waombudsman.org

Suicide Intervention

Crisis Connections	24-Hr Crisis Line: 866-427-4747	www.crisisconnections.org ♦
Crisis Text Line	Text HOME to 741741	www.crisistextline.org ♦
The Jason Foundation	615-264-2323	jasonfoundation.com ♦
King County Crisis Clinic (24/7)	206-461-3222 or 866-427-4747	kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/crisis-services.aspx
The Trevor Project (LGBT Youth Suicide Hotline)	866-4-U-TREVOR (866-488-7386) Text START to 678-678	www.thetrevorproject.org
National Suicide Prevention Lifeline	800-273-TALK (8255) For Spanish (Press 2) For Military Veterans (Press 1) Text Telephone: 800-799-4TTY (4889)	suicidepreventionlifeline.org ♦
Suicide Hotline	800 784-2433	www.suicide.org

Transportation

DART (Metro Dial-a-Ride)	866-261-3278	kingcounty.gov/depts/transportation/metro/travel-options/bus/dart-service.aspx
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Hopelink Mobility & Transportation	425-943-6760	www.findaride.org	◆
Hopelink Sno-Valley Food Bank and Emergency Services	425-333-4163	www.hopelink.org	◆
Housing and Essential Needs (HEN) – King County	206-328-5755 henkc@ccsww.org	ccsww.org/get-help/shelter-homeless-services/housing-and-essential-needs-hen/#Program%20Provides	
Hyde Shuttle	206-727-6262 press 1 to make reservations	hydeshuttle.org	◆
King County Accessible Services	206-553-3000	kingcounty.gov/depts/transportation/metro/travel-options/accessible.aspx	
ORCA LIFT Reduced Fare	Apply at 800-756-5437 or apply online	kingcounty.gov/depts/transportation/metro/fares-orca/orca-cards/lift.aspx	
Route 628 (King County Community Shuttle)	(206) 553-3000	kingcounty.gov/depts/transportation/metro/schedules-maps/628.aspx	
Salvation Army	425-452-7300	bellevue.salvationarmy.org	◆
Snoqualmie Tribe	425-888-6551	snoqualmietribe.us	
Sound Generations	206-448-5740	soundgenerations.org/our-programs/transportation/volunteer-transportation	◆
Snoqualmie Valley Transportation Shuttle	425-888-7001	svtbus.org	
Washington State Department of Social and Health Services (DSHS)	877-501-2233	www.dshs.wa.gov	

Veterans Services

American Legion Carnation Post #199	206-225-5369	www.legion.org	◆
American Legion Snoqualmie Post #79	425-222-7994 commander@post79.org	www.post79.org	◆
Department of Veterans Affairs - Washington State	360-725-2200 800-562-2308 TDD: 360-725-2199 benefits@dva.wa.gov	www.dva.wa.gov	
Department of Veterans Affairs - Benefits and Services	800-562-2308 benefits@dva.wa.gov	www.dva.wa.gov/veterans-their-families/veterans-benefits/claims-assistance	
Department of Veterans Affairs – Washington State – Women Services	Liza Narciso Lisan@dva.wa.gov 360-725-2157	www.dva.wa.gov/councils-committees/women-veterans	

Homeless Veterans Services		www.dva.wa.gov/veterans-their-families/veterans-benefits/housing-resources
King County Veterans Services	206-477-8282 VA Crisis Line: 800-273-8255 (press 1)	kingcounty.gov/depts/community-human-services/adult-services/veterans-servicemembers-families/programs-services.aspx
National Call Center for Homeless Veterans	877-424-3838	www.va.gov/HOMELESS/NationalCallCenter.asp
Operation: Veteran Support Line	206-436-3012	www.crisisconnections.org/operation-veteran-support-line ♦
Supportive Services for Veteran Families (SSVF)	253-520-4360 or 253-850-2507 If you are in crisis, call the 24/7 confidential Veterans Crisis Line at 800-273-8255	ccsww.org/get-help/specialized-services/supportive-services-for-veteran-families-ssvf ♦
U.S. Department of Veterans Affairs	800-698-2411	www.va.gov
Veterans Crisis Line	800-273-8255 dial 1 Text 838255	www.veteranscrisisline.net
Veterans Health Care	1-877-222-VETS (8387)	www.va.gov/health
Washington State Veterans Employment Resource Page	benefits@dva.wa.gov	www.dva.wa.gov/veterans-their-families/veterans-benefits/employment

Victims Services

Address Confidentiality Program	Toll Free (WA only) 800-822-1065 Local: 360-753-2972	www.sos.wa.gov/acp
Adult Protective Services 866-END HARM	To report abuse: 866-363-4276	www.dshs.wa.gov/altsa/adult-protective-services-aps
Child Abuse Darkness to Light Helpline	Call 866.FOR.LIGHT or text LIGHT to 741741	www.d2l.org ♦
Child Protective Services	866-ENDHARM (866-363-4276) To report abuse, neglect, unlicensed childcare, and childcare concerns.	www.dcyf.wa.gov/service/s/child-welfare-system/cps
Children's Response Center	425-688-5130	www.ChildrensResponseCenter.org ♦
Harborview Center for Sexual Assault & Traumatic Stress	206-744-1600	depts.washington.edu/whatc
Jewish Family Services	425-643-2221	www.jfsseattle.org ♦

Lifewire	24-HOUR HELPLINE: 425-746-1940 800-827-8840	www.lifewire.org	◆
King County Sexual Assault Resource Center	888-998-6423	www.kcsarc.org/en	
National Domestic Violence Hotline (24 hrs)	800-799-SAFE (7233)	www.thehotline.org	
Rape, Sexual Assault, Abuse, and Incest Hotline (RAINN)	800-656-HOPE (4673)	www.rainn.org	◆
Snoqualmie Tribe	425-888-6551	snoqualmietribe.us	
Washington State Coalition Against Domestic Violence (WSCADV)	206-389-2515 wscadv@wscadv.org	wscadv.org	◆
	<hr/> <p>The National Domestic Violence Hotline, call, chat, or text, 24 hours every day, 800-799-7233 or 800-787-3224 (TTY)</p>		
	<p>WA State Hotline 800-562-6025 csn@willapabay.org</p>		

Volunteer Opportunities

In addition to the listings in the resource guide with Volunteer Opportunities noted (◆), these organizations may have volunteer opportunities

Carnation-Duvall Citizen Corps	425-788-8260 info@cdccc.us * See website for individual program contacts	www.cdccc.us/medical-reserve-corps	◆
Re-in-Carnation Thrift Shop	423-333-0023	snovalleysenior.org/thrift-store	◆
Rotary Club of Duvall	duvallrotaryclub@gmail.com	www.duvallrotary.org	◆
Rotary Club of Snoqualmie Valley	jonas.means1@gmail.com	snoqualmievalleyrotary.org	◆
Snoqualmie Valley Kiwanis Club	425-698-3180 KiwanisSV@gmail.com	snoqualmievalleykiwanis.weebly.com	◆
Snoqualmie Valley Volunteer Match		snovalleyvolunteermatch.org	◆
United Way of King County	206-461-3700	www.uwkc.org	◆

Youth and Family Services

Calendar - Parent & Community Education Events	425-333-6614	www.calendarwiz.com/calendars/calendar.php?crd=svparenteducationevents&cid[]=all&jsenabled=1&winh=577&winw=1280&inifr=false	
Catholic Community Services	206-328-5696	www.ccsww.org	◆

Empower Youth Network	425-333-6614 admin@empoweryouthnetwork.org	empoweryouthnetwork.org	
Encompass NW (Preschool, ECEAP, pediatric therapy, infant/toddler, parent education)	425-888-3347	www.encompassnw.org	◆
Friends of Youth	Main: 425-869-6490 Duvall - 425-844-9669 Issaquah - 425-392-6367 Snoqualmie - 425-888-4151 info@friendsofyouth.org	www.friendsofyouth.org	◆
LGBT National Youth Talkline	800-246-7743 help@LGBThotline.org	www.glbthotline.org/talkline.html	◆
Lambert House	206-322-2515	www.lamberthouse.org	◆
Program for Early Parent Support (PEPS)	206-547-8570 PEPS@peps.org See website for specific PEPS groups	www.peps.org	◆
Riverview School District Student Services	425-844-4516	www.rsd407.org/student-services	
Si View Park District	425-831-1900 info@siviewpark.org	www.siviewpark.org	◆
Snoqualmie Valley YMCA	425-256-3115	www.seattlemca.org/locations/snoqualmie-valley-ymca	◆
Sound	206-901-2000	www.sound.health	
TeenLine	Call 800-852-8336 Text TEEN to 839863	www.teenlineonline.org	◆
TeenLink	866-TEENLINK (833-6546) Our crisis specialists are available to talk by phone from 6-10pm and chat or text from 6-9:30pm every night. You can also call to connect with our substance use specialist from 2-10pm Mon-Fri. (Call the same number and press 2) Text/Chat is available from 6pm – 9:30pm.	www.teenlink.org	◆
The Trail Youth Coffee Home	425-292-0299 info@thetrailyouth.com	www.trailyouth.com	◆

NOTES



Snoqualmie Valley Free Health Care

Carepoint Clinic exists to provide free quality primary healthcare to the Snoqualmie Valley and Surrounding Areas

Located at the Snoqualmie Alliance Church campus in the Family Life Center

Hours of Operation:

Wednesdays, 10am` — 2pm

36017 SE Fish Hatchery Road

Fall City, WA 98024

carepointonline.org

Call (425) 478-6627 for appointment information

Primary Care Services:

- **Wellness Exams**
- **Chronic Disease Management**
- **Acute Illness Treatment**
- **Minor Injuries**

Other Services:

- **Naturopathic Medicine**
- **Hosted Dental Clinics**

We welcome everyone, including the uninsured, under-insured, and regardless of immigration status.

Volunteers Needed!

Please contact us for more information about medical and non-medical volunteer opportunities.

carepointonline@gmail.com

CRISIS and EMERGENCY SERVICES

Fire, Police & Medical Emergency	911
24-Hour Crisis Line (Crisis Connections)	866-4-CRISIS 866-427-4747 King County: 206-461-3222
American Red Cross (fire, flood, disaster)	206-323-2345
FEMA Disaster Assistance	800-462-9029
King County 2-1-1	2-1-1 877-211-9274
National Suicide Prevention Lifeline (24-hour)	800-273-8255
Poison Center	800-222-1222
TeenLine	Call 800-852-8336 Text TEEN to 839863
TeenLink Our crisis specialists are available to talk by phone from 6-10 pm and chat or text from 6-9:30 pm every night. You can also call to connect with our substance use specialist from 2-10 pm Mon-Fri. (Call the same number and press 2) Text/Chat is available from 6pm – 9:30pm.	866-TEENLINK (866-833-6546)